

BEST DAY EVER

Count: 32

Wall: 4

Level: Easy Intermediate

Choreographer: Karen Tripp, karen@trippcentral.ca (March 2021)

Music: Best Day Ever – Sly and the Family Stallone

Wait 32 counts

(1-8) R CROSS, SIDE, SAILOR $\frac{1}{4}$ R, L FORWARD, $\frac{1}{2}$ TURN RIGHT, $\frac{1}{4}$ R LEFT SIDE SHUFFLE

1-2 Cross R over L, step side L

3&4 Sweep right as you turn $\frac{1}{4}$ right and step R behind, step L to left, step R to right

5-6 Step forward L, turn $\frac{1}{2}$ right and step R

7&8 Continue turning $\frac{1}{4}$ right and shuffle to side stepping L, R, L (12:00)

Restart: On wall 4 facing 3:00, dance first 8 counts, and restart facing 3:00.

(9-16) R ROCK BACK (OVERTURN BY $\frac{1}{4}$), RECOVER, SIDE (SQUARE UP) (X2), FULL TURN RIGHT

1-2-3 Opening up, turn $\frac{1}{4}$ right and rock back on R, recover L, square up and step side R

4-5-6 Opening up, turn $\frac{1}{4}$ left and rock back on L, recover R, square up and step side L (prepping to make a right face turn)

7-8 Turn $\frac{1}{2}$ right and step R, continue turning $\frac{1}{2}$ right and step L (12:00)

(17-24) R MODIFIED JAZZ BOX WITH DRAG, BALL, WALK, WALK, ROCK FORWARD, RECOVER

1-2 Cross R over L, step back on L

3-4 Big step side on R, drag L towards R (no weight)

&5-6 Step on L (&), step forward on R (5), step forward on L (6)

7-8 Rock forward on R, recover weight to L (12:00)

(25-32) R STEP BACK, TURN $\frac{1}{2}$ LEFT, PADDLE TURN 3X

1-2 Step back on R, turn $\frac{1}{2}$ left and step L (6:00)

3-4 Touch R toes forward with weight, turn $\frac{1}{4}$ left stepping L (3:00)

5-6 Touch R toes forward with weight, turn $\frac{1}{4}$ left stepping L (12:00)

7-8 Touch R toes forward with weight, turn $\frac{1}{4}$ left stepping L (9:00)

RESTART:

On wall 4 facing 3:00; dance first 8 counts and restart after the side shuffle (still facing 3:00).

END:

Dance ends facing 12:00 after 32 counts, finish with an extra stomp forward or across.

Dedication: To my sister - my inspiration, my greatest love. This is for you.