

# Four Strong Winds

Choreographed by Karen Tripp

Description: 32 count, 4-wall, beginner line dance

Music: **Four Strong Winds**, by Ian Tyson  
Album "I Outgrew the Wagon"  
Available on iTunes



16-count wait, start with right foot  
Start dancing on lyrics

## **SIDE TOUCH, SIDE TWO-STEP & TOUCH, SIDE TOUCH**

- 1-2 Step side on right, touch left next to right
- 3-4 Step side on left, close right next to left
- 5-6 Step side on left, touch right next to left
- 7-8 Step side on right, touch left next to right

## **½ BOX FORWARD & TOUCH, SIDE, CLOSE\*\*, WALK BACK 2**

- 1-2 Step side on left, close right next to left
- 3-4 Step forward on right, touch left next to right
- 5-6 Step side on right, close left next to right
- 7-8 Walk back 2 steps, right then left

## **SIDE STAIRS 8**

- 1-2 Step side on right, close left next to right
- 3-4 Step forward on right, close left next to right
- 5-6 Step side on right, close left next to right
- 7-8 Step forward on right, close left next to right

## **ROCK FWD, RECOVER, ¼ RIGHT SAILOR, ROCK FWD, RECOVER, BACK COASTER**

- 1-2 Rock forward on right, recover back on left
- 3&4 Cross right behind left turning ¼ right, step left, then right
- 5-6 Rock forward on left, recover back on right
- 7&8 Step back on left, close right to left, step forward on left

REPEAT

\*\* Dance ends here in 4<sup>th</sup> rotation of dance. Extend arms to sides on last beat.

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