

# Good to Go

Music: Good to Go by LÓNIS (feat. Daphne Willis)  
 Choreographer: Karen Tripp, [karen@trippcentral.ca](mailto:karen@trippcentral.ca), May 2021

Genre: Pop/Swing  
 Level: Beginner Plus

Sequence: Wait 16, Intro, AB AB Bridge A(mod) B(mod)

## INTRO (second half of Part B) (16 beats)

(4) 1 Clogover Loop 1/2R DS DS(xif) DS Loop 1/2R S  
 L R L R R  
 &1 &2 &3 & 4

(4) 1 Rock Double RS DS DS RS  
 LR L R LR  
 &1 &2 &3 &4

*Repeat the above 8 beats with same footwork to face front*

## PART A (32 beats)

(4) 1 Slur Vine Brush L DS Slur(xib) S DS BrUp/H  
 L R R L L R/L  
 &1 & 2 &3 &4

(4) 1 Fancy Double DS DS RS RS  
 R L RL RL  
 &1 &2 &3 &4

(4) 1 Slur Vine Brush R

(4) 2 Single Kicks DS Kick Lift/H DS Kick Lift/H  
 L R R/L R L L/R  
 &1 & 2 &3 & 4

(16) 2 Samanthas 1/2R ea DS DS(xif) Dr S Dr ----1/2 right---- DS DS RS  
 L R R L L R S RS L R LR  
 &1 &2 & 3 & 4 &5 &6 &7 &8

## PART B (32 beats)

(4) 1 Rooster Run DS DS(xif) Ba(ots) Ba(xib) Ba(ots) Ba(xif)  
 L R L R L R L R  
 &1 &2 & 3 & 4

(4) 1 Pushoff Left DS RS RS RS  
 L RL RL RL  
 &1 &2 &3 &4

*Repeat the above 8 beats with opposite footwork, then add:*

(4) 1 Clogover Loop 1/2R

(4) 1 Rock Double

*Repeat the above 8 beats with same footwork to face front*

**Repeat Part A:** Slur Vine Brush L, Fancy Double, Slur Vine Brush R, 2 Single Kicks, 2 Samanthas 1/2R each

**Repeat Part B:** [Rooster Run, Pushoff] X2, [Clogover Loop 1/2R, Rock Double] X2

## BRIDGE (16 beats)

(16) 4 Roundouts 1/4L ea DS T-H(xif) T-H 1/4L T-H(ots)  
 L R-R L-L R-R  
 &1 &2 &3 &4

## PART A (mod) (24 beats)

(4) 1 Slur Vine Brush L

(4) 1 Fancy Double

(4) 1 Slur Vine Brush R

(4) 2 Single Kicks

(8) 1 Samantha (no turn)

## PART B (mod) (47 beats)

(4) Rooster Run

(4) Push Off L

*Repeat the above 8 beats with opposite footwork, then add:*

(4) Clogover Loop 1/4R

(4) Rock Double\*

*Repeat the above 8 beats 3X with same footwork to make a box*

\* Replace last Rock Double with RS, DS, (pause), Stomp

### **Abbreviations:**

b: Back // Ba: Ball of foot  
 Br(Up): Brush Up // dr: Drag  
 DS: Double Step // f: Front  
 H: Heel // kk: kick  
 Loop: Loop foot from front to back  
 ots: Out to side // RS: Rock Step  
 S: Step // Slur: Drag toe looping behind  
 T: Toe // xib: Cross in back  
 xif: Cross in front