

# Ice Cream Freeze

Music: Ice Cream Freeze by Miley Cyrus  
 Album: Hannah Montana 3, Genre: Pop  
 Level: Beginner  
 Choreo: karen Tripp, [karen@trippcentral.ca](mailto:karen@trippcentral.ca)



Sequence: Wait 8, Intro, A, B, Chorus, Break, A, B, Chorus, C, B, Chorus\*, End

Wait 8 counts

**INTRO** (16 beats) (While leading dancers into formation)

(2) Point, Cross Step                      Left Toe (ots)              S(xif)  
*Repeat 7 more times alternating footwork*

**PART A (32 beats)**

(4) 2 Basics                                      DS      RS                      DS      RS  
 (4) Turning Pushoff  
 (8) ***Repeat above two steps to face front***  
 (4) Crossover Rock                      DS      DT(xif)/H              DT(ux)/H              RS  
 (4) Bad Stamp  
 (4) Triple Brush Fwd  
 (4) Rock Back

**PART B (16 beats) (0:31 mins)**

(4) Roundout  
 (4) Rocking Chair ½ L  
 (4) Roundout  
 (4) Fancy Double ½ L

**CHORUS (32 beats) (0:42 mins)**

(4) Charleston  
 (4) Triple Twist Down (wt to left)  
 (4) Slur Vine Right  
 (4) Rocking Chair ½ L  
***Repeat all of the above to face front***

**BREAK (16 beats) (0:59 mins)**

(8) Bo Weevil  
 (4) 2 Basics  
 (4) 1 Over the Log                      St(f)                      St(f)                      St(b)                      St(b)                      Clap

**REPEAT PART A**                      [2 Basics, Turning Push, 2 Basics, Turning Push, Crossover Rock, Bad Stamp, Triple Brush Forward, Rock Back]

**REPEAT PART B**                      [Roundout, Rocking Chair 1/2L, Roundout, Fancy Double 1/2L]

**REPEAT CHORUS**                      [Charleston, Triple Twist Down, Slur Vine Right, Rocking Chair ½, *repeat all*]

**PART C (32 beats)**

(4) Vine Brush                                      DS                      DS(xib)                      DS                      BrUp/H  
 (4) Turning Pushoff ¾ R  
***Repeat 3 more times to make a box***

**REPEAT PART B**                      [Roundout, Rocking Chair 1/2L, Roundout, Fancy Double 1/2L]

**CHORUS\* (in a box)**                      [Charleston, Triple Twist Down, Slur Vine Right, Rocking Chair 1/4L, *repeat all 3 more times to make a box*]

**ENDING:**                      Stomp Left