

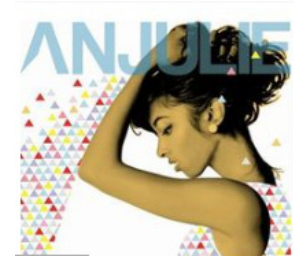
# Jamba

Music: Jamba by Anjulie

Available from: <http://www.mp3va.com/anjulie-anjulie-r34382>

Level: High Beginner

Choreographer: Karen Tripp, [karen@trippcentral.ca](mailto:karen@trippcentral.ca)



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SEQUENCE: Wait 9, Intro, A, B, Chorus, Intro, A, B, Chorus, C, Chorus\*, B, Ending

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## INTRO

Triple Stomp Stomp Forward  
Triple Back

## PART A

Rooster Run & Pushoff Left  
2 Basics  
2 Basketball turns  
**Repeat all with opposite footwork**

## PART B

1 Samantha  
2 Basic Kicks  
Swivel Heels L, R, L, R

## CHORUS

1 Catawba  
2 Basics ¼ Left  
2 Pigeon Lifts  
2 Basics ¼ Left  
**Repeat all to face front**

**Repeat Intro** [Triple Stomp Stomp  
Triple Back]

**Repeat Part A** [Rooster Run &  
Pushoff Left,  
2 Basics,  
2 Basketball turns,  
**Repeat all**]

## Repeat Part B

[1 Samantha,  
2 Basic Kicks,  
Swivel Heels L, R, L, R]

## Repeat Chorus

[1 Catawba,  
2 Basics ¼ Left,  
2 Pigeon Lifts, |  
2 Basics ¼ Left,  
**Repeat all**]

## PART C

(8) Cowboy ½  
(4) Triple  
(4) Shake it off  
**Repeat all then add:**  
(4) Swivel Heels L, R, L, R

## Repeat Chorus\* (Make a box)

[1 Catawba,  
2 Basics ¼ Left,  
2 Pigeon Lifts,  
2 Basics (\*\*no turn),]

## Repeat Part B

[1 Samantha,  
2 Basic Kicks,  
Swivel Heels L, R, L, R]

## ENDING

1 Samantha, 2 Kicks  
Stomp