

# Mama Africa

Choreographed by Karen Tripp, September 2011

Description: 32 count, 4-wall, beginner level line dance, right lead

Tag: One 20-count tag at start of Wall 8

Music: **Mama Africa** by Two In One, available from iTunes



Start dancing on lyrics

## **SUGARFOOT STEP TWICE (TOE, HEEL, CROSSING TRIPLE)**

1-2 Turn right toe in next to left, turn right heel in next to left

3&4 Cross right over left, step on left, cross step on right

5-6 Turn left toe in next to right, turn left heel in next to right

7&8 Cross left over right, step on right, cross step on left

## **LINDY RIGHT & LEFT**

1&2 Step side on right, close left to right, step side on right

3-4 Rock back on left, recover forward on right

5&6 Step side on left, close right to left, step side on left

7-8 Rock back on right, recover forward on left

## **HEEL HOOK, ¼ RIGHT FORWARD LOCKING STEP, HEEL HOOK, ¼ LEFT FORWARD LOCKING STEP (12:00)**

1-2 Right heel diagonally forward, cross right toe over left (cross shins)

3&4 Turn ¼ right and step right, step left hooking behind right, step right

5-6 Left heel diagonally forward, cross left toe over right (cross shins)

7&8 Turn ¼ left and step left, step right hooking behind left, step left

## **PADDLE TURN 1/8 TWICE (9:00), CROSSING SHUFFLE, SIDE SHUFFLE**

1-2 Step right forward, turn and step 1/8 left

3-4 Step right forward, turn and step 1/8 left

5&6 Cross right over left, step left, cross right

7&8 Step side on left, close left to right, step side on left

## **TAG - at start of Wall 8 (facing 3:00)**

## **WALK 3, TOUCH; BACK 3, TOUCH**

1-4 Walk forward R, L, R, touch left next to right

5-8 Walk back L, R, L, touch right next to left

## **TWO-STEP WITH TOUCH, RIGHT AND LEFT**

9-12 Step side on right, close left to right, step side on right, touch L to right

13-16 Step side on left, close right to left, step side on left, touch R to left

## **V-STEP (WITH ARMS)**

17-20 Step diagonally forward on right, raising right arm straight up, step side on left raising left arm straight up, step right foot back in place, lowering right arm, step left foot back in place, lowering left arm