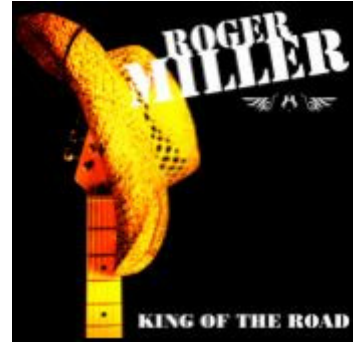


Release Me

Choreographer: Karen Tripp, January 2011

Description: 4-wall, 32-count beginner rumba line dance

Music: Please Release Me, by Roger Miller, Album: King of the Road, Available from iTunes



32-count intro, start on lyrics

½ BOX FORWARD, HOLD, FORWARD LOCK FORWARD, HOLD

1-4 Step side on right, close left next to right, step forward on right, hold

5-8 Step forward on left, lock right behind left, step forward on left, hold

ROCKING CHAIR, PADDLE TURN ¼ LEFT & CROSS, HOLD

9-12 Step forward on right, recover back on left, rock back on right, recover forward on left

13-16 Step forward turning ¼ left, close left next to right, cross right over left, hold

VINE LEFT 3 & HOLD, CROSS ROCK, RECOVER, SIDE, HOLD

17-20 Step side in left, cross right behind left, step side on left, hold

21-24 Cross right over left, recover on left, step side on right, hold

FRONT WEAVE 3 & HOLD, REVERSE ROCKING CHAIR

25-28 Cross left over right, step side on right, cross left behind right, hold

29-32 Step back on right, recover forward on left, rock forward on right, recover back on left

Choreographer: Karen Tripp, Cranbrook, BC, Canada

Email: karen@trippcentral.ca

