

The Bomp

Music: Who Put the Bomp by The Overtones
Choreo: Karen Tripp (karen@trippcentral.ca)
Level: Easy Beginner

Wait 4 beats after the talking introduction

Sequence: ABC ABC AB Break B End

PART A (16 beats)

(4) 2 Basics

(4) 4 Toe Heels

Repeat 2 Basics & 4 Toe Heels

PART B (16 beats)

(8) 4 kicks (360 L)

DS Kk Lift

(8) Cowboy

DS DS DS BrUp/H DS(xif) RS RS RS

PART C (32 beats)

(4) 4-cnt clogover vine L

DS DS(xif) DS(ots) DS(xib)

(4) 1 Stomp Double

(p) Sto DS DS RS

(4) Pushoff R

DS RS RS RS (moving right)

(4) Rocking Chair 1/2L

DS Br(up) 1/2L/H DS RS

Repeat all with same footwork to return to front

Repeat Part A: 2 Basics, 4 Toe Heels, 2 Basics, 4 Toe Heels

Repeat Part B: 4 Kicks around, 1 Cowboy

Repeat Part C: 4-cnt clogover vine, Stomp Double, Pushoff R, Rocking Chair 1/2L
Repeat all to face front

Repeat Part A: 2 Basics, 4 Toe Heels, 2 Basics, 4 Toe Heels

Repeat Part B: 4 Kicks around, 1 Cowboy

BREAK (16 beats)

(16) 2 Clogover Vines L&R

Repeat Part B: 4 Kicks around, 1 Cowboy

END (9 beats)

(4) 2 Basics

(4) 4 Toe Heels

(1) Stomp Left

ABBREVIATIONS USED

BrUp: Brush Up

DS: Double Step // H: Heel // Kk: Kick

ots: Out To Side // RS: Rock Step

S: Step // T: Toe // Sto: Stomp

xib: Cross in back // xif: Cross in front